

FREE WORKSHOPS: WEEK 1

Saturday, January 20

Schedules subject to change.

FOR THE LATEST INFORMATION,  
Check in the lobby or go to  
[www.anchoragefolkfestival.org](http://www.anchoragefolkfestival.org).

WENDY WILLIAMSON  
AUDITORIUM

PROFESSIONAL STUDIES BUILDING (ADJACENT TO THE WENDY WILLIAMSON)

	Main Stage	PSB 110	PSB 166	PSB 210C	PSB 219
9-10:15 am	<b>Techniques for Performance: Stage sound &amp; microphone</b> with Lucy Peckham & Crew				
10:30-11:45 am	<b>Irish Dance Workshop</b> with Lisa Maloney				
11:30-12:45 pm			<b>Polishing Your Performance</b> with Marianne See & Robin Hopper		
1-2:15 pm		<b>How to Color Basic Guitar Chords</b> with Harrison Sturm	<b>Fiddle Tunes for All Instruments</b> Mary Schallert		<b>Your Best Songwriting Tools: Your Ears!</b> with Robin Hopper (In two back to back sessions)
2:30-3:45 pm		<b>Beginning Bodhran Basics</b> with Terri McCoy	<b>Jam for all!</b> with Terry re.e.d		
4-5:15 pm		<b>Irish Song Sing-along</b> with Dawn Berg	<b>Zen of Music Theory I</b> with Jerry George		<b>Beginning Banjo: Bluegrass or Old-Time</b> with Kevin Cassidy

These workshops are free to all participants. Children under 8 are welcome to attend with adult supervision, unless otherwise noted. The Workshop Index, pp 58-61, shows all workshops by topic.

**BEAR TOOTH**  
THEATRE PUB

[anchoragefolkfestival.org](http://anchoragefolkfestival.org)



Get tickets  
online!

Details, p. 21

Host for our Frog Holler/She's with Me Fundraiser, Saturday, January 20

FREE WORKSHOPS: WEEK 1

Sunday, January 21

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WENDY WILLIAMSON  
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PROFESSIONAL STUDIES BUILDING (ADJACENT TO THE WENDY WILLIAMSON)

	Main Stage	PSB 110	PSB 166	PSB 210C	PSB 219
10:15-11:45 am	<b>Community Folk Dance</b> with Lauralee Honkola and friends. Beginners welcome!				
11:30 -12:45 pm		<b>Intro to Travis picking and Fingerstyle Guitar</b> with Tim Samuelson	<b>Alaska City Folk Arts Main Stage Performance REHEARSAL</b> All are welcome!		
1-2:15 pm		<b>GUEST ARTIST WORKSHOP</b> <b>Drumming for the Song:</b> with Daniel Bower	<b>GUEST ARTIST WORKSHOP</b> <b>Sing Along/Jam</b> with Frog Holler	<b>Alaskan Children's Songs and Making Music</b> with Nikki Scherer	
2:30-3:45 pm		<b>Juggling</b> with Jim Kerr	<b>GUEST ARTIST WORKSHOP</b> <b>Perseverance:</b> Frog Holler's 27-year journey from Pennsylvania to Alaska.	<b>Learn to Restring: Ukulele, Baritone, Guitar, Mandolin</b> with Elisa Long	
4-5:15 pm			<b>Kundalini Yoga for Music and Creativity!</b> with Heather Stewart	<b>Jazz Guitar 101</b> with Joe Craig	<b>How to Craft a Solo with Beginning and Advanced Players</b> with Eric Rodgers

These workshops are free to all participants. Children under 8 are welcome to attend with adult supervision, unless otherwise noted. The Workshop Index, pp 58-61, shows all workshops by topic.



**Skeetawk**  
HATCHER PASS, ALASKA

FREE WORKSHOPS: WEEK 2

Saturday, January 27

Schedules subject to change.

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Check in the lobby or go to  
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WENDY WILLIAMSON  
AUDITORIUM

PROFESSIONAL STUDIES BUILDING (ADJACENT TO THE WENDY WILLIAMSON)

	Main Stage	PSB 110	PSB 166	PSB 210C	PSB 219
9-10:15 am	<b>Techniques for Performance: Stage sound &amp; microphone</b> with Lucy Peckham & Crew				
10:30 -11:45 am	<b>Swing Dance</b> with Katie Cueva and Hot Club of Nunaka				
11:30 -12:45 pm		<b>Acoustic Guitar Building</b> with David Gerard			
1-2:15 pm		<b>Introduction to Slide Guitar with Alternate Tunings</b> with Stephen Hendricks	<b>Introduction to Ukulele</b> with Wendy Luft	<b>Old Time Fiddle and Philosophy of Musicianship</b> with Carter Bancroft	<b>Tips and Tricks for Beginning Songwriting</b> with terry re.e.d
2:30 -3:45 pm		<b>AFF Instrument Swap</b> Buy, Sell, Trade!	<b>13th Annual Banjo Contest!</b> <i>Sign-up at 2:30 pm outside the door of PSB 166. Contest begins at 3 pm.</i>	<b>Introduction to Fingerstyle for Ukulele</b> with Elisa Long	<b>Show Up and Jam!</b>
4-5:15 pm					<b>Introduction to Fingerstyle Guitar!</b> with Stephen Hendricks

These workshops are free to all participants. Children under 8 are welcome to attend with adult supervision, unless otherwise noted. The Workshop Index, pp 58-61, shows all workshops by topic.

**AFF Annual Meeting @ 5:15-6:15 pm**

**All AFF members are welcome!**

Join us in PSB 166 for a summary of Festival finances, submit ideas for future guest artists and choose your new Board members for the 2025 to 2028 director term. Interested candidates for the Board should be current Anchorage Folk Festival members and must submit a short statement of interest with signatures of 3 current AFF members to a current Board member by Wednesday, January 24, 2024. There are no nominations of board candidates from the floor.

WENDY WILLIAMSON  
AUDITORIUM



PROFESSIONAL STUDIES BUILDING (ADJACENT TO THE WENDY WILLIAMSON)

	Main Stage	PSB 110	PSB 166	PSB 210C	PSB 219
10:30-11:45 am	<b>Traditional &amp; International Folk Dance</b> with Lauralee Honkola and friends				
11:30 -12:45 pm		<b>Mandolin for All</b> with Wolfgang Blumenkonig	<b>Music for Families with Young Children</b> with Music Together Mountain Song		
1-2:15 pm		<b>GUEST ARTIST WORKSHOP</b>	<b>GUEST ARTIST WORKSHOP</b>		<b>GUEST ARTIST WORKSHOP</b>
		<b>Vocal Harmonies</b> with I Draw Slow	<b>Old Time Banjo</b> with I Draw Slow		<b>Old Time Fiddle</b> with I Draw Slow
2:30-3:45 pm		<b>Lions and Tigers and Bears-a themed Sing-Around.</b> with Dawn Berg	<b>GUEST ARTIST WORKSHOP</b> <b>String Band Techniques</b> with I Draw Slow	<b>Learn to Restring: Ukulele Baritone Guitar Mandolin</b> with Elisa Long	
4-5:15 pm		<b>Celtic Fiddle Tunes</b> with Shonti Elder	<b>Slow Hands Jam for All Ages</b> with the AllGood Family Band	<b>Zen of Music Theory II</b> with Jerry George	

These workshops are free to all participants. Children under 8 are welcome to attend with adult supervision, unless otherwise noted. The Workshop Index, pp 58-61, shows all workshops by topic.



# Workshop Index *By topic*

Workshops are held each weekend of Folk Fest. See all workshops listed by date on pages 19, 23, 46 & 51. (Turn the page for even more workshops!)  = Guest Artist Workshops  = Especially for kids/families


## BANDS/JAMS

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**Jam for All!** • Faster than slow, but not too fast! Bring your instruments and have fun trading songs and learning from each other! All welcome! Sat, Jan 20 2:30-3:45 pm, PSB 166

 **Sing Along/Jam** • "IT TAKES A WORRIED MAN TO SING A WORRIED SONG" Join *Frog Holler* as we go back to our roots for an old fashion "campfire/fest jam." We'll play some simple old traditional songs ("Worried Man Blues," "\$2 Bill," "Crawdad Hole") and some original songs we wrote in the same tradition. Bring your voice or an instrument and jam along with us. Sun, Jan 21, 1-2:15 pm, PSB 166

**Show Up and Jam!** • The room is available for a spontaneous jam. All are welcome. Please leave the room the way you found it, or better! Sat, Jan 27, 2:30-3:45, PSB 219

 **String Band Techniques** • With guest artists *I Draw Slow*. An introduction into the art of Appalachian string band style and techniques, with discussion on instrumentation, rhythmic concepts, repertoire, and much more! Please bring your instruments. Participation is encouraged! Sun, Jan 28, 2:30-3:45 pm, PSB 166

**Slow Hands Jam** • The AllGood Family Band welcomes all ages and levels! Sun, Jan 28, 4-5:15 pm, PSB 166

## MUSIC THEORY

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**Zen of Music Theory I** • Jerry George teaches this unique way of understanding music structure in a totally zen way. Grasp keys/scales, chords, progressions, and other theory intuitively and apply that skill on the fly without frustration. Over 3,200 musicians have taken this in person class at venues throughout the United States and Canada. Sat, Jan 20, 4-5:15 pm, PSB 166

**Zen of Music Theory II** • Jerry George teaches some useful applications in this second workshop. Sun, Jan 28, 4-5:15 pm, PSB 210C

## PERFORMANCE

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**Techniques for Performance: Your stage sound and microphone questions ANSWERED!** • Do you have questions about live performance sound? Do you have equipment questions? Do you want to make your fifteen minutes on stage your best ever? Come to the sound workshop, and the Folk Fest Sound Crew will be there to answer your questions and hook you up for a wonderful festival experience. Open to all! Bring your instruments, voices, accessory gear, and those pesky questions. Lucy Peckham and crew will be here for you! Sat, Jan 20 and Sat, Jan 27, 9-10:15 am, Wendy Williamson Main Stage

**Polishing Your Performance** • Whether a soloist, group or a whole band-come join our interactive session to help improve stage presence and performance-fun, supportive, and always positive! Robin Hopper and Marianne See again offer this popular session to strengthen performances of our local talented artists. Bring instruments! Sat, Jan 20, 11:30-12:45 pm, PSB 166

**Alaska City Folk Arts** • All are welcome to join us as we rehearse for an on stage performance later this afternoon. We choose the songs to do at the rehearsal, but for sure *Boil Them Cabbage*. With Mary Schallert, Director of Alaska City Folk Arts. Sun, Jan 21, 11:30-12:45 pm, PSB 166

## WRITING/ARRANGING

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**Your best songwriting tools-your ears!** • When it comes to songwriting, your ears can be your greatest tool. In this two-session, back-to-back workshop, led by Robin Hopper, explore how to listen and create memorable

lyrics that “grab” your audience. Robin will also share her “rise and fall” method for creating melodies. Pencils and paper will be provided—just bring yourself and your imagination. Sat, Jan 20, 1-3:45 pm, PSB 219

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### **Tips and Tricks for Beginning Songwriting / Poetry in Motion / Music with the Bark still on it.**

• terry re.e.d leads an exploration of writing styles from artists like John Prine, Steve Goodman, Townes Van Zandt & Bob Dylan, breaking apart individual songs and lyrics to examine their intent and exploring the complexity of the simple. Sat, Jan 27, 1-2:15 pm, PSB 219

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## **ESPECIALLY FOR KIDS**

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**Alaska Children’s Songs** • Come and learn some silly songs about Alaska, make an instrument and make music. Family friendly! With Nikki Scherer. Sun, Jan 21, 1-2:15 pm, PSB 210C

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**Music for Families with Young Children** • Music Together Mountain Song leads this session for children 0 to 6. Did you know that all children are born musical? Join us as we build on your child’s innate musical aptitude through play! Help your child discover their inner music-maker (and rediscover yours as well) with 45 minutes of singing, dancing, wiggling, and jamming as a community. You’ll learn how music supports overall early childhood development and leave with new ways to incorporate music into your family’s daily life. Sun, Jan 28, 11:30-12:45 pm, PSB 166

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## **DANCING**

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**Irish Ceili Dancing Workshop** • Join Lisa Maloney, and some friends from the multigenerational family band Red Cap, for some fun community dancing. Ceili dancing (pronounced like “kay-lee”) is not the same as contra dancing, but it’s close enough that some moves will look familiar! No partner or experience needed, all ages welcome, but parents will need to help young children keep up with the class. Sat, Jan 20, 10:30-11:45 am, Wendy Williamson Main Stage

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### **Community Folk Dance-Beginners welcome!**

• This is an all age dance workshop so please bring the family and join in the fun. With Lauralee Honkola. Sun, Jan 21, 10:30-11:45 am, Wendy Williamson Main Stage

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**Swing Dance Workshop** • Learn the basics of swing dancing with Katie Cueva and Hot Club of Nunaka. All dancers welcome, no experience needed. Sat, Jan 27, 10:30-11:45 am, Wendy Williamson Main Stage

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**Traditional & International Folk Dance** • For dancers with a wee bit of experience and want to explore different traditional and community dances from around the world. With Lauralee Honkola. Sun, Jan 28, 10:30-11:45 am, Wendy Williamson Main Stage

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## **SINGING/VOICE**

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**Irish Sing-Along** • Bring your favorites or choose one from our selection and come lead, sing-along or just listen. Pub songs, children’s songs, sentimental classics and more...with Dawn Berg. Sat, Jan 20 4-5:15 pm, PSB 110

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**GA Sing Along/Jam** • “IT TAKES A WORRIED MAN TO SING A WORRIED SONG.” Join *Frog Holler* as we go back to our roots for an old fashion “campfire/fest jam.” We’ll play some simple old traditional songs (“Worried Man Blues,” “\$2 Bill,” “Crawdad Hole”) and some original songs we wrote in the same tradition. Bring your voice or an instrument and jam along with us. Sun, Jan 21, 1-2:15 pm, PSB 166

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**GA Vocal Harmonies** • An introduction to the art and technique of harmonising vocals hosted by brother and sister Dave and Louise Holden of *I Draw Slow*. They will explain the technique of choosing harmony intervals based on genre, mood and theme. Many examples will be given from their own songs and the styles of others. They will also tackle the subject of blood harmonies! Sun, Jan 28, 1-2:15 pm, PSB 110

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### **Lions & Tigers & Bears: A themed sing-around**

• Come sing your favorite songs featuring lions, tigers, bears, elephants, hippos, moose, reindeer, foxes, hares and more. We will have lyrics to a selection of songs new and familiar. Bring one of your own, or choose one of ours to lead, sing along with or just listen and enjoy. All ages welcome. Sun, Jan 28, 2:30-3:45 pm, PSB 110

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# Workshop Index *By Topic* continued

Workshops are held each weekend of Folk Fest. See all workshops listed by date on pages 19, 23, 46 & 51.

 = Guest Artist Workshops  = Especially for kids/families

## GUITAR

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**How To Color Basic Guitar Chords** • It's easy to play the open chords, but where do you go from there? In this workshop, Harrison Sturm will show you how to easily bust out zesty chords that'll impress your mom (or whoever really). He'll cover inversions, 7th and 9th chords, the "less is more" philosophy, and more. Sat, Jan 20, 1-2:15 pm, PSB 110

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**Intro to Travis Picking and Fingerstyle Guitar** • Travis Picking was made popular by Chet Atkins, James Taylor, John Prine, Tommy Emmanuel, Doc Watson.... Usually played with a thumb pick and two or three fingers, almost limitless songs can be played with just a few patterns. This workshop requires that you are already able to play guitar at a beginner level and are comfortable with the basic open chords and chord changes. Or if you just want to learn, no experience is required! Instructor Tim Samuelson will bring references to free online resources to help you continue – and thumb picks! Sun, Jan 21, 11:30-12:15 pm, PSB 110

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**Jazz Guitar 101** • Joe Craig offers an introductory lesson into the 100 years of Americana jazz guitar, its styles and evolutions. Sun, Jan 21, 4-5:15 pm, PSB 210C

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**Acoustic Guitar Building** • Learn with David Gerard, a part time luthier who builds acoustic guitars. Sat, Jan 27, 11:30-12:45 pm, PSB 110

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**Introduction to Slide Guitar with Alternate Tunings** • Stephen Hendricks leads this introduction for beginning and intermediate slide guitar players. Sat, Jan 27, 1-2:15 pm, PSB 110

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**Introduction to Fingerstyle Guitar** • Stephen Hendricks offers an introduction to fingerstyle guitar playing for beginning and intermediate guitar players. Sat, Jan 27, 4-5:15 pm, PSB 219


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## DRUMMING

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**Beginning Bodhran Basics** • Love the sounds of the Irish drum? This workshop is perfect for beginners or moderate players. Please bring your own drum and beater. If you don't have a bodhran, any flat hand drum can work. No drum? A hard flat surface like a pizza box can do in a pinch. (Just take the pizza out first!). Sat, Jan 20, 2:30-3:45 pm, PSB 110

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 **Drumming for the Song** • Simplistic advice for drummers who want to play & stay in the band: RHYTHM IS LIFE! Join *Frog Holler's* Daniel S. Bower for an interactive deep dive into playing drums, getting (& keeping) gigs and loving life! Technique, tools, tricks, audience Q & A plus a very special lesson on how to clap along at a concert w/out ruining it for everyone else. Drummers, musicians, lovers of music & life... ALL ARE WELCOME & invited to attend. Sun, Jan 21, 1-2:15 pm, PSB 110

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## FIDDLE

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**Fiddle Tunes for All Instruments** • Come one and all with your instrument and enjoy playing some good fiddle tunes. With Mary Schallert. Sat, Jan 20 1-2:15 pm, PSB 166

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**Old Time Fiddle and Philosophy of Musicianship** • Learn a new tune and then spend a little time on musicianship through the lens of fiddle. Carter Bancroft's goal is to help you find a little more joy and direction in music, whatever your skill level. Sat, Jan 27, 1-2:15 pm, PSB 210C

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 **Old Time Fiddle** • A deep dive into Old-time fiddle with Adrian Hart from guest artists *Draw Slow*. He will cover bowing techniques, regional styles, tunings repertoire and much more. Coming originally from a background in traditional Irish fiddle, he can give a unique perspective into the blended traditions that created this technique. Sun, Jan 28, 1-2:15 pm, PSB 219

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**Celtic Fiddle Tunes** • Some lively or sweet easy-to-learn-Celtic fiddle tunes, either by ear or with music. All skill levels and instruments welcome. With Shonti Elder. Sun, Jan 28, 4-5:15 pm, PSB 110

## BANJO

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**Beginning Banjo: Bluegrass or Old Time** • Bring your banjo and your most burning questions. We can cover bluegrass, clawhammer, or anything else people are interested in. If no one has banjo questions, who knows ... existential questions, how to make a really good pumpkin pie ...With Kevin Cassity. Jan 20, 4-5:15 pm, PSB 219

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**Banjo Contest** • Annual banjo contest! Sign up outside PSB 166 at 2:30 pm. Contest starts at 3. With Marianne See. Sat, Jan 27, 2:30 pm, PSB 166

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**GA Old Time (Clawhammer) Banjo** • A comprehensive introduction into the art of old time clawhammer style banjo playing given by Colin Derham, banjo player with guest artists *I Draw Slow*. He will go through the history and techniques of the instrument, focusing on the clawhammer style. Showing right hand techniques, tunings and repertoire. Sun, Jan 28, 1-2:15 pm, PSB 166

## UKULELE

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**Beginner Ukulele** • Go from knowing nothing to playing 10 songs before you leave! Find out why so many people love to play this little instrument. It will make you smile. Only requirement is to have FUN. Bring a ukulele if you have one. If not, we have a few to loan out for this class. Sat, Jan 27, 1-2:15 pm, PSB 166

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**Introduction to Fingerstyle for Ukulele** • Add pizzazz to your music with a few easy picking patterns. If you can play chords, you can play fingerstyle: take your playing to the next level. With Elisa Long. Sat, Jan 27, 2:30-3:45 pm, PSB 210C

## MANDOLIN

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**Mandolin for All** • Mandolin workshop for all levels! Just make sure to bring your mandolin and be ready to have some fun! With Wolfgang Blumenkonig. Sun, Jan 28, 11:30-12:45 pm, PSB 110

## AND MORE!

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**Learn to Restrung: Ukulele Baritone Guitar Mandolin** • Why pay someone to change your strings? With all the money you save, you could buy a new instrument! Learn on our fun and easy jigs. With Elisa Long. Sun, Jan 21, 2:30-3:45 pm PSB 210C

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**Juggling** • “Artistic Neuro Kinetic Fundamentalism ie. Juggling, Balance, & stuff like that.” With Jim Kerr. Sun, Jan 21, 2:30-3:45 pm, PSB 110

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**GA Perseverance: Frog Holler’s 27 year journey from Pennsylvania to Alaska** • THE SONG IS KING! Join *Frog Holler* for a fun discussion of the trials, tribulations, and triumphs of being in a long running independent band. Booking nightmares, van/road stories, fans, influences, recording. Join us as we take turns swapping some favorite stories of “life in the band” and playing songs from throughout our journey. Sun, Jan 21, 2:30-3:45 pm, PSB 166

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**How to Craft a Solo** • Eric Rodgers teaches the basics and a few advanced tips for soloing like a pro. Bring any melodic instrument as we dive into the options for crafting a great improvised solo. Sun, Jan 21, 4-5:15 pm, PSB 219

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**Unleash Your Inner Artist with Kundalini Yoga** • Drawing from the philosophy and practice of Kundalini Yoga, Heather Stewart will lead a series of movement, breathing and vocalization exercises to relax the body, quiet the mind, and connect with your inner artist. No special equipment is needed; just wear comfortable clothes that allow you to move freely. Heather is an Anchorage-based songwriter, musician and a certified instructor of Kundalini Yoga. Sun, Jan 21, 4-5:15 pm, PSB 166